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Announcements Nurse's Notes 4, 5		Living Out the Season of Lent		
UMW Unit Meeting	6	This year Lent begins on March 1st when we celebrate Ash Wednesday and		
Minutes		starts the 40 day journey of Lent [not counting the Sundays], culminating with the celebration of Easter on April 16th. Here is a brief history of this important		
Leadership Retreat	7	season in the life of the church.		
Special Points of Interest: • Lent Services, page 3		The name Ash Wednesday comes from the custom dating back over 1,000 years of dabbing ashes on one's head as a public sign of penitence with the words "Repent and believe the gospel". The ashes then are an outward sign of our inward repentance which sets the tone for Lent.		
 March Monthly Meetings, Back Page 				
 March Birthdays and Anniversaries included with Calendar 		Lent is a time when many Christians prepare for Easter by observing the spiritual practices of fasting, repentance, and self-discipline.		
Administrative Assistant Office Hours Monday through Friday 9:00 a.m. to 1:00 p.m.		The 40 day period prior to Easter corresponds to the 40 days in the wilderness where Jesus was tempted by Satan. This wilderness time recorded in Luke 4:1-13 tells us that "Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the desert, where for forty days he was tempted by the devil. He ate nothing during those days, and at the end of them he was hungry." During this time the Holy Spirit was preparing Jesus for His public ministry.		
		Jesus while in the wilderness was engaged in a spiritual battle with His adversary Satan. Jesus fought this battle using the spiritual practices of fasting, prayer, meditation on the word of God and total dependence on the Holy Spirit to overcome all the schemes of the Evil One.		
		These same tools are available for Christ's church today and we are invited under the guidance of the Holy Spirit to explore them during this Holy season.		
		(Continued on page 7)		

Prayer Requests

Remember our church members & friends who are less mobile and are unable to join us as often as they would like, including:

Colony Court Memory & Care Suites: Ann Swenson, Dick Westrum

Colony Court: Ardella Draheim, Nina Youngberg, Leona Quast,

Muriel Jenkins, Fern Papke

Lakeshore Inn: Florence Gutknecht

Latham Place: Liz Corchran

Oaklawn Health Care Center: Jim Keller

Tower Light, St. Louis Park: Darlene Lynch

Prayer Requests from Sunday Worship Bruce & Deb Hering, Peter & Verna Fog, Marilyn & Dan Possin, Lynne Swenson, Fern Papke, Darla Dahnert.

Thank You

The family of Dolores Dahnert would like to express our appreciation to all who supported us during our recent time of loss. Your kind words and thoughtful gestures meant more to us than we can express. Special thanks to Pastor Waters, Marlys, and everyone who helped with the luncheon. We appreciate you more than you know.

Jeff and Laura, Jill and John

Faith Crafters & Stitchers

Our March meeting will be Thursday, March 9 from 1:00 to 3:00 p.m. in the Fellowship Hall.

You are welcome to bring craft ideas for Bazaar 2017 or your own project to work on. Plan to join us for a little work, good conversation and, of course, snacks and coffee. Please call Sandy Voshell at 835-4122 if you have any questions.

Collector's Showcase

Collector's Showcase will be **Sunday, March 19th** after church. It is almost here but ... you still have time to look in your closets, drawers, attics, basements, and garages for some of your long saved treasures to share with us. This is a fun event which is enjoyed by all ages. We will have tables set up in Fellowship Hall for your exhibits, so if you would like a table please sign the clipboard and let us know how much space you need and if you will need a power outlet. A potluck will follow so come join the fun!



Lent Services Faith United Methodist, First Congregational and Waseca Wesleyan are again joining together for Wednesday night Lenten services and Maundy Thursday Services. With the exception of Ash Wednesday, Services begin at 7:00 p.m. March 1 Ash Wednesday, Faith United Methodist (at 11:00 a.m.) [There is no 7:00 p.m. service on Ash Wednesday] March 8, Waseca Wesleyan March 15, First Congregational March 22. Faith United Methodist March 29, Waseca Wesleyan April 5, First Congregational April 13, Maundy Thursday, Waseca Wesleyan April 14, Good Friday Service (TBD) Lenten Soup Lunches Lenten soup lunches will be held Wednesdays at Noon March 8th - April 5th. All meals will be held at Christ Community Church, 2200 4th Ave. NE, Waseca. Faith UMC will host the April 5 lunch. Lenten Bible Study with the Walkers You are invited to join Berts and Roger Walker for six weekly sessions of study on the book of Matthew. We will meet each Monday morning from 9:45 to 11:00. The study begins on March 6, 2017 and will be in the Lakeview Room. A film about Matthew will be our study resource. Relay for Life Team at Pizza Ranch The "Faith for a Cure" Relay for Life team is working on Monday March 13th at the Pizza Ranch and we would like to invite the congregation to come out and eat with us and support us in the fight for cancer. We appreciate all the support we have received and look forward to seeing you there. Thank you. Faith for a Cure Team Attention Cribbage and/or Scrabble Players Do you enjoy a game of Cribbage and/or Scrabble? One of our homebound church members is looking for an opponent weekday afternoons from 1:00 to 3:00 p.m. Please contact the church office for more information.

Nurse's Notes -Haiti in the Rear View Mirror

On January 8, 2017, Beth Stankiewicz (my granddaughter) and I stepped foot in Haiti: her first and my last trip to Good Samaritan Hospital in Limbe. For me, the trip was bittersweet. Over the course of five trips, I have developed meaningful relationships with our group and the staff in Haiti. There were some tears as I said good-bye.

What a rewarding experience it has been for me. During that time, I have done about 400 cervical cancer screens and for the positive tests, I did cryotherapy. Sadly, there were too many women with inoperable or untreatable cancers. The one that hit me hardest was a 34 year old mother of five children. If only...... Thankfully, the screening service will continue with a trained nurse. She will fill my shoes and more.

Haiti then and now. There have been some street improvements but, in general, Limbe looks and feels the same. No infrastructure. The garbage keeps piling up. No safe water to homes, dirt floors for most. It is amazing to see children in perfectly clean uniforms going to school; realizing they were washed in a basin or the river. (About 50% of kids attend school. There is a \$450 fee). There seems to be pride about their appearance in general. Women's hair braided, clean dresses and appearance, same for men. It is going to take a lot of time for Haitians to get on their own feet and it seems mother nature doesn't help.

Leslie Jarger, our team leader, is working on two fronts. She is instrumental in a micro business to put Haitian women to work. They are making hygiene kits. We made these kits a couple of years ago for them here at our church. Now, the fabric is taken to Haiti and they are making the kits. Also, Leslie, along with other organizations doing cervical cancer screens, are looking to combine their efforts in Haiti. Perseverance, ingenuity and education is the way forward for Haiti.

The Haitian people are a joy to be around. They smile easily, laugh hardily and pray mightily. They are always thanking God and are extremely grateful. Wish we could be more like that.

Beth was exposed to many of the challenges Haitians have. She mostly worked as a dental assistant, but did get to participate in births and surgeries. She has decided being a surgeon or dentist is not for her. She also went to a Haitian girls' school to deliver hygiene kits.

What's next for us God?

Wishing you joy & generosity,

Sherry Scholljegerdes, RN

Your Parish Nurse

P.S. The kids loved all the toys, quilts and diapers we brought.

Haiti --A Big Thank you to All of You

Thanks seems too small to all of you who have supported the Haiti Mission Trips financially. Without your generosity, they would not have happened. I don't have a list of your names to thank you all personally for you generosity, but realize 400 women were directly impacted by the work I was able to do on your behalf.

Thanks also for all the prayers and support you gave us. What a blessing!

God Bless You All,

Sherry Scholljegerdes, RN

Your Parish Nurse

Cupcakes for Valentine's Day

Cupcakes for Valentine's Day were enjoyed at fellowship on February 12th.

Some fun facts: Cupcakes can be traced back as far as 1796. Some people called them "1-2-3-4" cakes because it was so easy to remember the recipe, which was: one cup butter, two cups sugar, three cups flour and 4 eggs.

In Britain cupcakes are made with a lighter sponge cake and called fairy cakes. In Australia they are called patty cakes (as in "patty cake, patty cake, baker's man...").

The record for eating the most cupcakes in the shortest time is 29 cupcakes in 30 seconds.

M & M Night

The Meal and Movie Night was held Sunday, February 19^{th.} People enjoyed the tomato basil soup and grilled cheese sandwiches while socializing in the Fellowship Hall.

Fifty-two people attended and it was great hearing the chuckles and applause at the end of the movie, 'McFarland, USA'

Our next M & M Night will be in April. Watch for the posters and news articles.

Trustee's Meeting

There will be a Trustee's meeting on **Thursday**, **March 16** at **6:30 p.m.** in the Lakeview Room.

UMW Unit Meeting February 20, 2017

Welcome

Hostess - Elizabeth Circle - opened with Chocolate Cake and Cookies

Meditation by Sherry "Be strong and courageous. Do not be terrified; do not be discouraged, for the Lord, your God will be with you where ever you go." Joshua 1:9b

Program - Maternal and Child Health - Karen Ferch - Health Service, Women and Children - Janet Welch - Kenya - Call to Action - Ardella Draheim - Mission School - Shelly

Business Meeting

- Secretary's Report approved
- Treasurer's Report approved \$6998.00
- Correspondence Thank you to family of Delores Dahnert for gift in memory. Thank you from Sherry Scholljegerdes for our \$50.00 Haiti donation.
- Fabric for Hygiene Kits

Ladies may bring new dark flannel, 8 $1/2 \ge 8 1/2$ for hygiene kits and 1/2 cotton med. color. Or bring Sherry some money for her to buy material.

Old Business

• Spring Luncheon, April 19th by the hospitality committee

- Johna & Sherry - Speakers

- Haiti Mission Trip for UMW Sunday
- 2017 UMW Directory handed out

New Business

- Mary Circle will be closing their Circle
- Feb. 26th UMW Sunday will be having a harpist play and installation of officers
- March 3 World Day of Prayer at Grace Lutheran Church at 1:00
- March 12 Collector's Showcase/Potluck sign up
- March 23 Third Annual Day of Giving Legacy Fund
- May 10 Sewing for missions pillowcase dresses for Sierra Leone 9 12
- May 15 UMW Meeting hosted by Ruth Circle. Char Daniels, our shepherdess, will be Discussing Mission U.
- Aug 8 GUEST NIGHT Trip Down Memory Lane Jan Jerdee & Company

Shirley Burdick, UMW Secretary 2017

Living Out the Season of Lent

(Continued from page 1)

Over the years the church has observed the following spiritual practices during Lent:

- 1. Repentance;
- 2. Prayer and Fasting;
- 3. Reading, Meditation on and Study of the Scriptures;
- 4. Personal Reflection and Thanksgiving;
- 5. Practice Reconciliation with God and Our Brothers and Sisters;
- 6. Regular Attendance of Worship Services;
- 7. Holy Communion; and
- 8. Small Group Bible Study.

As we enter the season of Lent I encourage you to:

- 1. Ask Jesus what He is calling you to do.
- 2. Ask the Holy Spirit to reveal any areas in your life where you need to repent of a specific sin or any person you need to forgive or ask them for their forgiveness.
- 3. Ask to be shown where God is leading you to be involved in the lives of others.
- 4. Ask yourself which of the above spiritual practices do you need to participate in to deepen your walk with Jesus.

May God Grant Each of Us New Life and Hope as We Walk Together Towards the Hope of Easter and the Resurrection.

Pastor Victor

Leadership Retreat

The Faith UMC Church Council had a leadership retreat last Saturday Feb.18th from 9-12 at the Walker's. We met to look at where our church is currently and where we would believe God is leading us in the future. We discussed a number of topics and specifically focused in on our vision statement as it appears in our bulletin every week:

It is our heart and desire to **Engage** the community of Waseca with the Gospel of Jesus Christ, **Equip** those who respond to be the next generation of disciples of Jesus Christ and **Empower** them to go into the world and partner with God for the healing of the world.

We felt we needed to do a better job at communicating the vision statement to our congregation:

- 1. What does Engage, Equip and Empower mean?
- 2. How do we live those words out in our daily lives?
- 3. How do we develop programs and ministries that will make this vision a reality in the life of our church and community.

We began this process on Tuesday evening when we met at our monthly council meeting. You will be hearing more about this process and how you can be involved in it in the next few weeks. Faith United Methodist Church

"Engage, Equip, and Empower"

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Come Worship with Us

We have room.

*****	MONTH	LY MEET-UPS:
	<u>Elizabeth Circle</u> UMW Elizabeth Circle will meet Wednesday, March 22 at 6:00 p.m. in the Church Kitchen . Our Circle will be serving fellowship following the Lenten Service	Ruth Circle UMW Ruth Circle will meet Tuesday, March 14th from 10:30 a.m. to 12:00 p.m. at the parsonage, 800 4th Ave. NE. All women are welcome! If you are not currently a member of a women's circle, please come and visit! Call Patrice Waters at 835-2535 if you have any questions.